

# СЦЕНАРИЙ УРОКА АНГЛИЙСКОГО ЯЗЫКА

## MAN – THE SEEKER OF HAPPINESS

### *Задачи урока:*

*Учебные* - развитие умения аудирования и монологической речи;

- совершенствование фонетических, лексико-грамматических навыков.

*Развивающие* – развитие памяти и внимания, умения рассуждать, сравнивать, делать выводы;

- развитие способностей к сотрудничеству, выполнению работы в группе.

*Воспитательные* – воспитание уважения чувств других людей;

- анализировать и контролировать своё поведение.

### **Greetings.**

-Are you in a good/relaxed or confident mood?

Are you in a terrible/frustrated/unpleasant/bad mood?

### **1. Warming up.**

- I assume that each of you once experienced some critical moments or fought adverse circumstances or found yourself in some pleasant/unpleasant situations. Have I guessed right? Can you share your ideas, please?
- Give 3 necessary words we usually use when we want to describe these moments or situations (feelings and emotions)
- Explain the word “BEHAVIOUR” (the way you act or behave). What’s the difference between the notions “behavior” and “feeling”? Are they different or do they have something in common?
- Think of positive collocations with the verbs:

Show

Express one’s feelings

Control

Hide

Disguise

Reveal one’s feelings

## Cope with one's feelings

- Do you think emotions and feelings are important in your life? Why?
- What do you think the topic of today's lesson is?

### 2. Consolidation.

Let's discuss the English proverb "REPETITIO IS THE MOTHER OF LEARNING".

- What are the colours when you feel pleased, satisfied or happy? Why?
- What makes people feel happy?
- How do you understand the word "HAPPINESS"?

### 3. Speaking. Pair/group work.

Comment on the **statements**:

### 4. Speak about the happiest moment of your life (plan, ex. 6, p. 150)

### 5. Reading comprehension (Appendix)

- Are you a lucky person?
- Give the definition to the word "LUCK"
- Are people born lucky?
- Read the text and do the tasks.

### 6. Happiness test

### 7. Reflection.

What have you learnt from the lesson?

Have you achieved the aim?

Assess your work on the lesson.

### 8. Homework.



## ARE YOU A LUCKY PERSON?

A. Give the definition of luck. Are people born lucky?

B. Read the text 'Are You a Lucky Person?' and say what role luck plays in our lives.

### Are You a Lucky Person?

People often wish each other 'Good Luck!' and when something bad happens to them, they say 'it was bad luck'. What is luck? And why are some people considered luckier than others? Luck is a belief in good or bad things that happen to people by chance. Our ancestors performed special rituals and made sacrifices to please the gods and to earn their favor. Today some believe there is a power which causes all events, beyond human control.

People are usually divided into two groups: those who believe in luck and those who reject its existence. Psychologists say that 'people who believe in good luck are more optimistic, more satisfied with their lives, and have better moods'. Some individuals even believe that certain objects or rituals can bring them luck. For example they wear a 'lucky' sweater to attract good fortune, use a special pen during their exams, cross their fingers or pray. Luck is a form of superstition which is interpreted differently by different people.

Many psychologists and scientists have been trying to understand the essence of luck and to learn more about it. One of them is Richard Wiseman, an English psychologist who has discovered the four principles of luck. He is also convinced that he can turn any unlucky person into a lucky one. Wiseman has written a book 'The Luck Factor: Changing Your Luck, Changing Your Life: The Four Essential Principles' and has founded a Luck School.

According to the first principle of luck, 'lucky people are skilled at creating, noticing, and acting upon chance opportunities'. They are always open to new experiences and possibility and have a relaxed attitude to life. Lucky people are not stuck in routines and they always want something new. According to the second principle, lucky people listen to their intuition and gut feelings which help them make effective decisions. According to the third principle, lucky people are not afraid of failure and difficulties because they are sure that the future will be bright. They can learn from the mistakes of the past and keep on going in spite of obstacles. And, according to the fourth principle of luck, lucky people are good at coping with ill fortune and they can always take control of the situation. In other words, they successfully 'turn bad luck into good'.

Finally, Professor Wiseman advises people to "think positive, and you'll be successful". Don't think about bad things and change your attitude to life. Look around and you will see that you have got a lot of opportunities. The more you persevere, the luckier you will be."

Whether you believe in luck or not, you should remember that every person is the arbiter of his own destiny and should always rely on themselves instead of waiting for some good chance. We can believe in luck, fate and fortune, but we should always rely on our own powers, be industrious and persevering. As the famous proverb says, 'Put your trust in God and keep your powder dry'.

1. Complete each sentence (A–H) with one of the endings (1–8):

- A. Luck is a belief in
- B. Today some believe there is a power which
- C. People are usually divided into two groups:
- D. Luck is a form of superstition
- E. Lucky people are always open to
- F. Lucky people can learn

G. Lucky people are good at coping with ill fortune and they can always

H. The more you persevere

1. which is interpreted differently by different people.
2. take control of the situation.
3. from the mistakes of the past and keep on going in spite of all obstacles.
4. the luckier you will be.
5. good or bad things that happen to people by chance.
6. new experiences and possibility and have a relaxed attitude to life.
7. causes all events, beyond human control.
8. those who believe in luck and those who reject its existence.

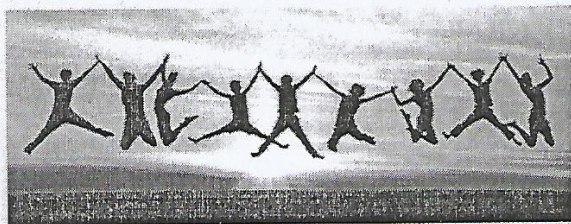
2. Match the following expressions with their meanings.

- a. to push one's luck/to stretch one's luck
  - b. to take pot luck
  - c. down on one's luck
  - d. sheer luck
  - e. beginner's luck
  - f. worse luck
  - g. dumb luck
  - h. a run of luck
  - i. a run of bad luck
  - j. a stroke of luck
  - k. bad/hard/tough luck
  - l. the luck of the draw
1. unfortunately
  2. luck with no other feeling or quality mixed with it [= pure]
  3. to do something or ask for something, especially something you have done or asked for before, when this is likely to annoy someone or involves a risk
  4. something lucky that happens to you unexpectedly
  5. a series of bad things which happened
  6. used to express sympathy when something unpleasant has happened to someone
  7. to choose something without knowing very much about it, and hope that it will be what you want; to have a meal composed of chance dishes or whatever has been brought together by a group, rather than a planned menu prepared for the occasion
  8. to have no money because you have had a lot of bad luck over a long period of time
  9. the result of chance rather than something you can control
  10. a series of good things which have happened
  11. unusual success that you have when you start or try something new
  12. something good that happens in an unexpected way, especially when it is not deserved

3. Read the following proverbs and explain their meaning.

- Luck seeks those who flee it and flees those who seek it. (German Proverb)
- There is no one luckier than he who thinks himself so. (German Proverb)
- What is bad luck for one man is good luck for another. (Ghanaian Proverb)
- A lucky person is someone who plants pebbles and harvests potatoes. (Greek Proverb)
- After bad luck, comes good fortune. (Gypsy Proverb)
- Luck is infatuated with the efficient. (Iranian Proverb)
- Good luck comes in slender currents, misfortune in a rolling tide. (Irish Proverb)





- To be lucky you need a little wit. (*Italian Proverb*)
- If you are looking for bad luck, you will soon find it. (*Japanese Proverb*)
- Luck is loaned, not owned. (*Norwegian Proverb*)
- Change yourself, and your luck will change. (*Portuguese Proverb*)
- The luck of idle men sits next to them. (*Romanian Proverb*)
- Bad luck is fertile. (*Russian Proverb*)
- If you were born lucky, even your rooster will lay eggs. (*Russian Proverb*)
- A person afraid of bad luck will never know good luck. (*Russian Proverb*)

4. Answer the questions.

1. Why did our ancestors perform special rituals and make sacrifices?
2. Why are people who believe in good luck happier?
3. Do you believe that certain objects or rituals can bring you luck?
4. What has Richard Wiseman discovered?
5. What have you learnt about the four principles of luck?
6. Do you agree that if you think positive, you will be successful? Why or why not?
7. Do you agree that every person is the arbiter of his own destiny? Explain your point of view.
8. Do you think that you are a lucky person? Why or why not?
9. Would you like to attend the Luck School founded by Professor Wiseman?
10. What can people do to become luckier?

5. Read what well-known people say about luck. Do you agree with their points of view? Is there any connection between fame and luck?

- 'I'm a great believer in luck and I find the harder I work, the more I have of it.' *Thomas Jefferson* (1743-1826)
- 'You don't just luck into things as much as you would like to think you do. You build step by step, whether it is friendships or opportunities.' *Barbara Bush* (1925)
- 'I'm amazed that things have panned out the way they have. I always say I'm so lucky, though my mum always says, 'You make your own luck.' *Orlando Bloom* (1977)
- 'People often remark that I'm pretty lucky. Luck is only important in so far as getting the chance to sell yourself at the right moment. After that, you've got to have talent and know how to use it.' *Frank Sinatra* (1915-98)
- 'You know, you should be an actor because you love to act. Don't be an actor because you think you're going to get famous, because that's luck.' *Whoopi Goldberg* (1949)

6. Read the quotations below. Choose any quotation and comment on it.

- 'Those who have succeeded at anything and don't mention luck, are kidding themselves.' *Larry King*
- 'We must believe in luck. For how else can we explain the success of those we don't like?' *Jean Cocteau*
- 'Each misfortune you encounter will carry in it the seed of tomorrow's good luck.' *Og Mandino*
- 'Men of action are favored by the Goddess of Luck.' *George S. Clason*
- 'Luck is what happens when preparation meets opportunity.' *Seneca*
- 'I think luck is the sense to recognize an opportunity and the ability to take advantage of it... The man who can smile at his breaks and grab his chances gets on.' *Samuel Goldwyn*

- 'I think the harder you work, the more luck you have.' *Dave Thomas*
- 'If people ask me for the ingredients of success, I say one is talent, two is stubbornness or determination, and third is sheer luck. You have to have two out of the three. Any two will probably do.' *Fred Saberhagen*
- 'Luck is believing you're lucky.' *Tennessee Williams*
- 'Everything in life is luck.' *Donald Trump*

Find 12 words in the table. Match the words with their definitions.

p	a	n	b	f	i	c	h	a	n	c	e	m	e
r	s	q	i	n	t	u	i	t	i	o	n	c	y
e	u	f	y	g	k	o	e	p	r	x	n	t	n
m	p	r	g	c	i	r	e	m	e	e	y	f	m
o	e	e	r	m	s	e	v	p	d	r	o	o	t
n	r	k	a	r	m	a	k	i	s	e	o	i	r
i	s	g	n	v	e	s	c	n	i	d	k	t	f
t	t	i	e	t	t	n	x	y	a	t	c	c	o
i	i	t	d	c	i	l	h	n	d	i	a	n	r
o	t	a	e	o	p	o	g	i	e	s	i	i	t
n	i	f	c	y	q	h	c	t	t	e	o	t	u
i	o	a	d	o	k	c	n	s	a	b	r	s	n
f	n	k	v	g	l	j	p	e	f	o	i	n	e
z	u	d	i	a	b	e	t	d	s	u	e	i	y

1. the things that will happen to you in your life (from Arabic)
2. the belief that all the good and bad things that you do in this life affect how good or bad your future lives will be, according to reincarnation
3. when two things happen at the same time, in the same place, or to the same people in a way that seems surprising or unusual
4. the things that will happen to someone, especially unpleasant events
5. chance or luck, and the effect that it has on your life; the good or bad things that happen in life
6. a belief that some objects or actions are lucky or unlucky, or that they cause events to happen, based on the idea of magic
7. something very bad that is going to happen, or the fact that it is going to happen
8. a time or situation which you can use to do something that you want to do
9. the things that will happen to someone in the future, especially those that cannot be changed or controlled
10. a strange feeling that something, especially something bad, is going to happen
11. the ability to understand or know something because of a feeling rather than by considering the facts
12. a natural tendency to behave in a particular way or a natural ability to know something, which is not learned

Keys: 1. kismet; 2. karma; 3. coincidence; 4. fate; 5. fortune; 6. superstition; 7. doom; 8. chance; 9. destiny; 10. premonition; 11. intuition; 12. instinct.

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